



PROBLEM OF THE WEEK #8
(Spring 2023)

Simplify: $\sin^2 \frac{\pi}{14} + \sin^2 \frac{3\pi}{14} + \sin^2 \frac{5\pi}{14}$.

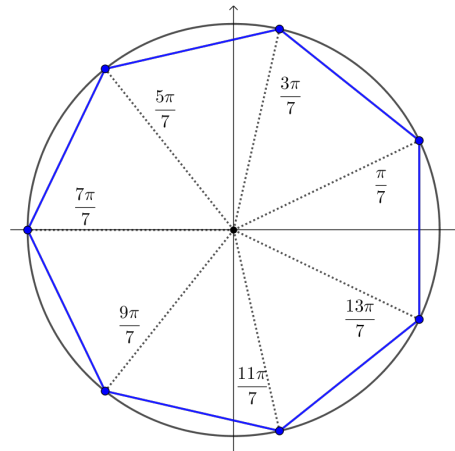
Solution:

By the power-reducing identity,

$$\begin{aligned} & \sin^2 \frac{\pi}{14} + \sin^2 \frac{3\pi}{14} + \sin^2 \frac{5\pi}{14} \\ &= \frac{1 - \cos \frac{\pi}{7}}{2} + \frac{1 - \cos \frac{3\pi}{7}}{2} + \frac{1 - \cos \frac{5\pi}{7}}{2} \\ &= \frac{3}{2} - \frac{1}{2} \left(\cos \frac{\pi}{7} + \cos \frac{3\pi}{7} + \cos \frac{5\pi}{7} \right) \\ &= \frac{3}{2} - \frac{1}{4} \left(\cos \frac{\pi}{7} + \cos \frac{\pi}{7} + \cos \frac{3\pi}{7} + \cos \frac{3\pi}{7} + \cos \frac{5\pi}{7} + \cos \frac{5\pi}{7} \right) \\ &= \frac{3}{2} - \frac{1}{4} \left(\cos \frac{\pi}{7} + \cos \left(-\frac{\pi}{7} \right) + \cos \frac{3\pi}{7} + \cos \left(-\frac{3\pi}{7} \right) + \cos \frac{5\pi}{7} + \cos \left(-\frac{5\pi}{7} \right) \right) \\ &= \frac{3}{2} - \frac{1}{4} \left(\cos \frac{\pi}{7} + \cos \frac{13\pi}{7} + \cos \frac{3\pi}{7} + \cos \frac{11\pi}{7} + \cos \frac{5\pi}{7} + \cos \frac{9\pi}{7} \right) \\ &= \frac{3}{2} - \frac{1}{4} \left(\cos \frac{\pi}{7} + \cos \frac{3\pi}{7} + \cos \frac{5\pi}{7} + \cos \frac{9\pi}{7} + \cos \frac{11\pi}{7} + \cos \frac{13\pi}{7} \right) - \frac{1}{4} \cos \pi - \frac{1}{4} \\ &= \frac{3}{2} - \frac{1}{4} \left(\cos \frac{\pi}{7} + \cos \frac{3\pi}{7} + \cos \frac{5\pi}{7} + \cos \frac{7\pi}{7} + \cos \frac{9\pi}{7} + \cos \frac{11\pi}{7} + \cos \frac{13\pi}{7} \right) - \frac{1}{4} \end{aligned}$$

Let H be the regular heptagon inscribed in the unit circle with a vertex at $(-1, 0)$. The seven cosines in the sum above are the x -coordinates of the vertices of H . The average of those seven x -coordinates is the x -coordinate of the center of H , which is the origin. So the sum of the cosines is zero, and

$$\sin^2 \frac{\pi}{14} + \sin^2 \frac{3\pi}{14} + \sin^2 \frac{5\pi}{14} = \frac{3}{2} - \frac{1}{4} = \boxed{\frac{5}{4}}.$$



Source: Art of Mathematics. “Solution – calculate the following.” <https://mathematicsart.com/solved-exercises/solution-sin-2-fracpi14sin-2-frac3-pi14sin-2-frac5-pi14/>